



ACE-Project CIC
In Association
With
Ambridge House



Address:
Ambridge House
[Next to Thistle house flats]
Folkestone Croft
Off Bromford Drive
B36 8QY

Buses: 25 or 72

**for
Further Details
please contact
Charley**

Phone: 07595-333469

E-mail: aceproject1@hotmail.co.uk

AFRICAN CARIBBEAN DAY ACTIVITY GROUP



- Outings of Interest
- Sing-a-Longs
- Guest Speakers
- Group Discussions
- Reminiscence
- Dominoes
- Exercise
- Bingo & Hoy
- Caribbean Lunch

Get Connected

**EVERY FRIDAY
10.30am - 3.30pm**

**And many more Activities to keep
you Healthy, Young and Fit**

